

iBlossom NEWSLETTER

Your Growth Continues Now



Hello Fellow Bloomers, We are pleased to welcome you to the latest issue of our Blossoming Place Bi-monthly Newsletter. This issue has rich content and insights to help you reach your maximum potential. We hope you find these updates a nourishing addition to your journey.

Bi-monthly Blog Updates



By Dr. Paul A. Scavella.

The Sanctuary of the Heart: Finding Sacred Space in Our Relationships:

What if the most sacred space on earth isn't a building with a steeple, but the quiet space between you and the person you love?

Continue Reading 

Contact us at theblossomingplace@gmail.com to learn how you can contribute and bring healing to those in desperate need!

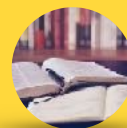


Click to Listen to this inspiring and uplifting song:
**Sacred Love — A Deep Christian R&B Love Song
About God-Centered Relationships.**



Items For Sale?

Be the first to advertise in our Newsletter!



Biblical Coaching 101

Each Friday Night
at 7:00 P.M. EST.



Available:
Books, Polo Shirts, Book Markers, and more.



Explore the power of faith with today's 'Faith Power Move' #faith-power-move'. This power move will inspire and invigorate your spiritual journey.

Romans 15:13 – Paul's Prayer for Joy, Peace, and Hope

"May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope."



Your body is your temple. Our health and fitness updates provide effective workout routines, healthy recipes, and tips to maintain a balanced lifestyle.



Gratitude helps reduce stress:

When life feels overwhelming, it's natural to focus on what's going wrong. Gratitude shifts our perspective toward what's going right. Research has found that people who regularly practice gratitude tend to have lower levels of cortisol, the body's primary stress hormone.

By noticing and appreciating even small positives — like the warmth of sunlight, a smile from a stranger, or a favorite song playing unexpectedly — we can train our brains to respond to challenges with greater resilience. Over time, this mindset can help us feel calmer, more grounded, and better equipped to navigate life's peaks and valleys.

Put it into practice: Recall one challenge from your day and gently consider what good it brought — a lesson learned, a moment of connection, or a new perspective. Let it remind you that even hard moments can carry seeds of growth.

Bringing gratitude into everyday life

Gratitude doesn't require perfect circumstances. It's about noticing and appreciating the good that's already here. This month, challenge yourself to practice gratitude in small, consistent ways. Whether you write it down, speak it aloud, or simply pause to feel it, you will be living out the truth that you are made for more — more joy, more connection, and more moments that strengthen whole-person health.

When we choose gratitude, we nurture the mind, body, and spirit. These benefits extend far beyond the calendar year and can guide us through every season, helping us live with greater hope.

— Adventist Health

FUNDAMENTALS of Education

Career Personality Profile Test

<https://www.truity.com/test/career-personality-profiler-test>

Learning Styles Quiz

<https://learningstylequiz.com/quiz/start.php>

Understanding the principles that guide Adventist Christian Education is critical for spiritual growth. Dive deep into these fundamentals in our latest update.



Prioritizing the Subject Matter Curriculums:

“True education means more than taking a certain course of study. It is broad. It includes the harmonious development of all the physical powers and the mental faculties. It teaches the love and fear of God and is a preparation for the faithful discharge of life’s duties.”

— Ellen G. White, Adventist Education

Family Togetherness

Strengthen your family bonds with our guidelines on Family Togetherness. Discover activities, shared goals, and traditions that foster love and unity.

Short Prayer For Finding Peace And Trusting God:

Heavenly Father, we thank You for Your peace that surpasses all understanding. Help us to cultivate this peace within ourselves and our families, even in the midst of challenges. Guide us in creating a home environment where Your peace reigns, and teach us to practise gratitude in all circumstances. May Your peace guard our hearts and minds, allowing us to be a source of stability and love for our children. In Jesus’ name, Amen. Focus on the Family



Financial Fitness

Learn effective money management, saving, and investment tips to secure financial health. It's time to take control of your financial future. It is more blessed to give than to receive. Receivers always give.



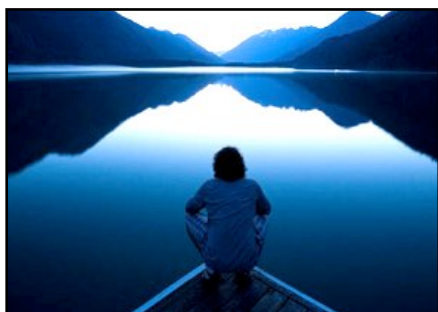
Fifteen Dimensions of Growing your church’s financials:

I I. Connecting Spirit and Purpose: The Power of Prayer and Vision.

Financial stewardship is more than just a line item on a budget; it is a spiritual discipline that begins with a heart of prayer. By forming dedicated prayer teams, a church shifts its focus from mere numbers to divine provision and guidance. These groups do more than pray for “more”—they seek wisdom for the church’s leadership and intercede for the financial well-being of the congregation itself. When a community commits to praying over its needs, the act of giving is transformed from a routine obligation into a powerful, spiritual response to God’s faithfulness.

Transparency is the bridge between a member’s contribution and the movement of the Gospel. Through consistent vision casting, church leaders can bridge the gap by clearly illustrating how every dollar is used to further God’s kingdom. Whether it’s funding a local outreach program or maintaining the sanctuary, sharing the “why” behind the “what” allows members to see the tangible impact of their generosity. When people understand that their contributions are fueling a shared mission, they don’t just give to a fund—they invest in a vision that changes lives.

Remember: Your Growth Continues Now! — Dr. Paul A. Scavella



"Peace Cannot Be Kept By Force; It Can Only Be Achieved By Understanding."
— Albert Einstein

Laughter refreshes the soul. Enjoy our Christian #joke-of-the-day and share the joy with others.

A woman told her pastor, "I'm so sorry my husband walked out of your sermon." "It did confuse me," the pastor replied. "He meant no disrespect," she said. "He's been sleepwalking ever since he was a child."



Draw strength and peace from our selection of powerful Bible prayers. Let them guide your prayer sessions.

Powerful Prayer of the Day

Colossians 4:3 (NIV)

"And pray for us, too, that God may open a door for our message, so that we may proclaim the mystery of Christ, for which I am in chains."



Bible Trivia of the Day

Test your knowledge and enjoy some fun with our Biblia Trivia.

Trivia Questions - Paul

Who restored Paul's sight after the Lord blinded him?
(Hint: Acts 9)

How did Paul escape Damascus when the Jews were trying to kill him?
(Hint: Acts 9)

Where was Paul stoned?
(Hint: Acts 14)



Upcoming Events (All times are EST)

Join us for upcoming events that reconnect, enrich life's journeys, and foster healthy communities. Take a look at what's coming up.

February 20, 2026 – 7:00 p.m.

Discipleship Coaching 101 - Friday evenings live on our Blossoming Place YouTube and FB channels. Engaging Studies for New Disciples.

February 22, 2026 – 6:00 a.m.

The Renew Prayer Journey continues. Speaker: Elder Earl Thomas, Ephesus SDA Church, Nassau Bahamas. Topic: Longing for Pig's Food!. Please join us on the 4th Sunday each month 6:00 - 7:00 a.m.

February 22, 2026 – 5:00 p.m.

Blossoming online Bible Class: Join us each Sunday. This week we continue to examine the Three Angels' messages.

February 25, 2026 – 7:15 p.m.

The Search for Truth Gospel Campaign continues every Wednesday practise beginning at 7:15. Join us live on the Freeport Adventist Church YouTube channel.

Weekdays (M-F) – 8:30 p.m.

Daily FB Live with *Dr Paul is on call*, Monday-Friday.

[SAMPLE Link](#)

Daily Life Coaching

Sessions are available; book your appointment today by visiting our website listed below.

COMING SOON - Bone Alignment Therapy (BAT) Blog/Podcast.

Plan to attend the continuation of our fourth annual Ten Days of Prayer Event! To be announced in 2026.

Join us on the Renew Prayer Journey, continued!

the 4th Sunday each Month
6:00 - 7:00 a.m. EST

Thank you for being part of our community. We look forward to bringing you more empowering resources in our next issue.

Please share this newsletter with anyone who might benefit from it. If you have any suggestions or comments, please write back to us.

Stay blessed,
Dr. Paul Scavella
Founder/Chairman
Blossoming Place

ON CALL
WITH
DR. PAUL

CONNECT



Email Address:

theblossomingplace@gmail.com

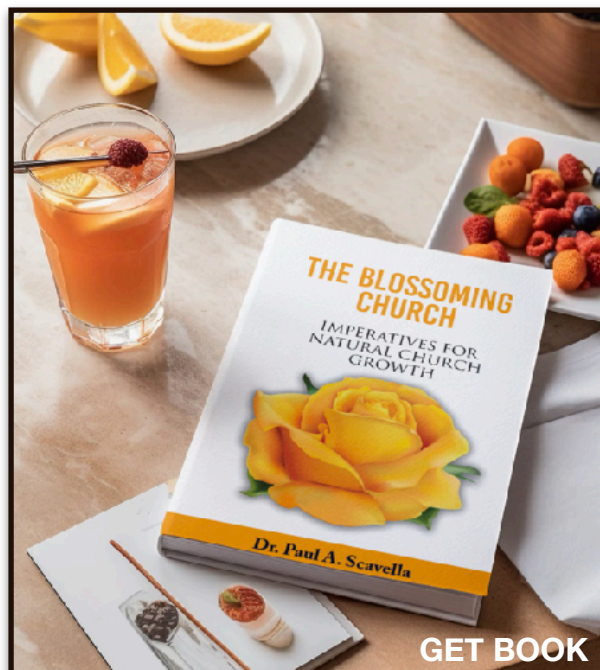
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