

iBlossom NEWSLETTER

Your Growth Continues Now



Hello Fellow Bloomers, We are pleased to welcome you to the latest issue of our Blossoming Place Bi-Monthly Newsletter. This issue has rich content and insights to help you reach your maximum potential. We hope you find these updates a nourishing addition to your journey.

Bi-Monthly Blog Updates



By Dr. Paul A. Scavella.

What About a New Beginning?

Happy New Year! As we step into a fresh year, many of us are thinking about resolutions – those promises we make to ourselves for self-improvement. It's a tradition that feels as old as time, but did you know the concept of a "new beginning" and even resolutions has roots in ancient texts, including the Bible?...

Continue Reading 

Contact us at theblossomingplace@gmail.com to learn how you can contribute and bring healing to those in desperate need!



Click to Listen to this inspiring and uplifting song:
Lord, Bless This New Year - She Who Prays Twice

SALE

Items For Sale?

Be the first to advertise in our Newsletter!



Biblical Coaching 101

Each Friday Night
at 7:00 P.M.
EST.



Available:
Books, Polo Shirts, Book Markers, and more.



Explore the power of faith with today's 'Faith Power Move' #faith-power-move'. This power move will inspire and invigorate your spiritual journey.



Jeremiah 29:11-14 (NIV)

“For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future. Then you will call on me and come and pray to me, and I will listen to you. You will seek me and find me when you seek me with all your heart.”



Your body is your temple. Our health and fitness updates provide effective workout routines, healthy recipes, and tips to maintain a balanced lifestyle.

The Health Benefits of Gratitude

The power of positive thinking

Positive psychology, or practicing gratitude, doesn't mean that you refuse to acknowledge life's difficulties. Instead, it means that most of your thoughts are focused on how you can approach life in a positive or productive manner. For example, instead of viewing holiday get-togethers as “impossible,” try reframing your thoughts to look for new creative ways to connect. Even though the past few years may have been extra tough, staying positive is more important than ever. In fact, optimism has tangible health benefits.

Some researchers found that keeping a gratitude list was correlated with better exercise habits and fewer trips to the doctor. This power of positivity has also been linked to:

1. Improved cardiovascular health
2. Lower rates of depression
3. Longer life spans
4. Increased immune system strength
5. Better psychological well-being

— Adventist Health



FUNDAMENTALS of Education

Career Personality Profile Test

<https://www.truity.com/test/career-personality-profiler-test>

Learning Styles Quiz

<https://learningstylequiz.com/quiz/start.php>

Understanding the principles that guide Adventist Christian Education is critical for spiritual growth. Dive deep into these fundamentals in our latest update.

Building Constructive Habits for Study and for Life:

“Cultivate respect for yourself because you are Christ’s purchased possession. Success in the formation of right habits, advancement in that that is noble and just, will give you an influence that all will value. Live for something besides self.”

— Adventist Education



Strengthen your family bonds with our guidelines on Family Togetherness. Discover activities, shared goals, and traditions that foster love and unity.

The Gift Of Peace - Receiving Peace

Jesus told His disciples that He gives peace of a different quality than the world gives (John 14:27). The world can achieve a temporary absence of conflict through a change in circumstances. But lasting peace is received as a free gift from the One who defeated death and sin. It is not something we can obtain through our own efforts, nor something that can be taken away by life’s difficulties or conflicts. Jesus’ words declare: “In this world you will have trouble. But take heart! I have overcome the world” (John 16:33).

— Focus on the Family

Financial Fitness

Learn effective money management, saving, and investment tips to secure financial health. It's time to take control of your financial future. It is more blessed to give than to receive. Receivers always give.

Fifteen Dimensions of Growing your church’s financials:

10. Involvement through Prayer and Vision

Financial health in a ministry is more than just balancing a ledger; it is a spiritual undertaking that begins with collective prayer and clear vision. By forming dedicated prayer teams, you invite the congregation to seek God’s direction for the ministry’s needs, shifting the focus from “fundraising” to “faith-building.” This spiritual foundation reminds members that every contribution is an act of worship and trust in God’s provision.

To turn that faith into action, consistent vision-casting is essential. When you regularly share stories of how funds are being used—whether it’s local outreach, maintaining a facility or funding for a proposed ministry facility or global missions—you bridge the gap between a donation and its eternal impact. Helping members see exactly how their tithes further God’s kingdom, and transform giving from a routine obligation into a joyful investment in a shared mission. In keeping with sharing how God has blessed, this week we were able to purchase \$4,000 worth of food items to supply over 100 food baskets for needy persons in Grand Bahama, Bahamas, as we partnered with the Evangeline Jervis Community Centre. Thank you for your continued gifts and kindness. We look forward to your continued support and partnership as we meet the needs of so many.

Remember: Your Growth Continues Now! — Dr. Paul A. Scavella





"Where God guides, He provides."
— Isaiah 58:11



Laughter refreshes the soul. Enjoy our Christian
#joke-of-the-day and share the joy with others.

Do you need a boat? I Noah guy.



Draw strength and peace from our selection of powerful Bible prayers.
Let them guide your prayer sessions.



Powerful Prayer of the Day

2 Corinthians 5:17 (NIV)

"Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!"

Bible Trivia of the Day

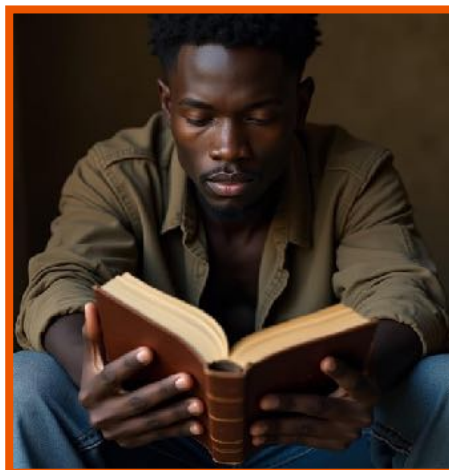
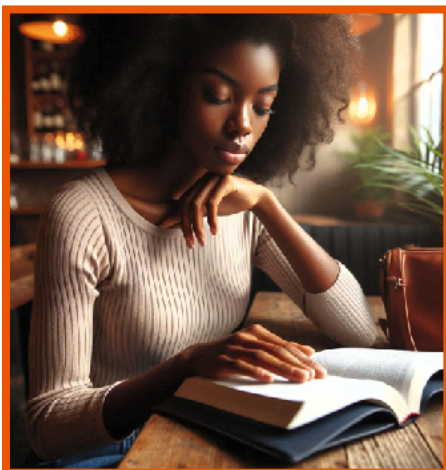
Test your knowledge and enjoy some fun with our Biblia Trivia.

Trivia Questions

Who did Jesus say we should love as ourselves?

What does the fool say in his heart?

What leads to profit, while talk leads only to poverty?



Upcoming Events (All times are EST)

Join us for upcoming events that reconnect, enrich life's journeys, and foster healthy communities. Take a look at what's coming up.

January 2, 2026 – 7:00 p.m.

Discipleship Coaching 101 - Friday evenings live on our Blossoming Place YouTube and FB channels. Engaging Studies for New Disciples.

January 4, 2026 – 5:00 p.m.

Blossoming online Bible Class: Join us each Sunday. This week we continue to examine the Three Angels' messages.

January 7, 2026 – 7:15 p.m.

The Search for Truth Gospel Campaign continues every Wednesday night beginning at 7:15 p.m. Join us live on the Freeport Adventist Church YouTube channel.

January 25, 2026 – 6:00 a.m.

The Renew Prayer Journey continues January 25. Speaker, Topic and scripture, to be announced. Please join us on the 4th Sunday each month 6:00 - 7:00 a.m.

Weekdays (M-F) – 8:30 p.m.

Daily FB Live with *Dr Paul is on call*, Monday-Friday.

[SAMPLE Link](#)

Daily Life Coaching

Sessions are available; book your appointment today by visiting our website listed below.

COMING SOON - Bone Alignment Therapy (BAT) Blog/Podcast.

Plan to attend the continuation of our fourth annual Ten Days of Prayer Event! To be announced in 2026.

Join us on the Renew Prayer Journey, continued!

the 4th Sunday each Month
6:00 - 7:00 a.m. EST

Thank you for being part of our community. We look forward to bringing you more empowering resources in our next issue.

Please share this newsletter with anyone who might benefit from it. If you have any suggestions or comments, please write back to us.

Stay blessed,
Dr. Paul Scavella
Founder/Chairman
Blossoming Place



**ON CALL
WITH
DR. PAUL**

CONNECT



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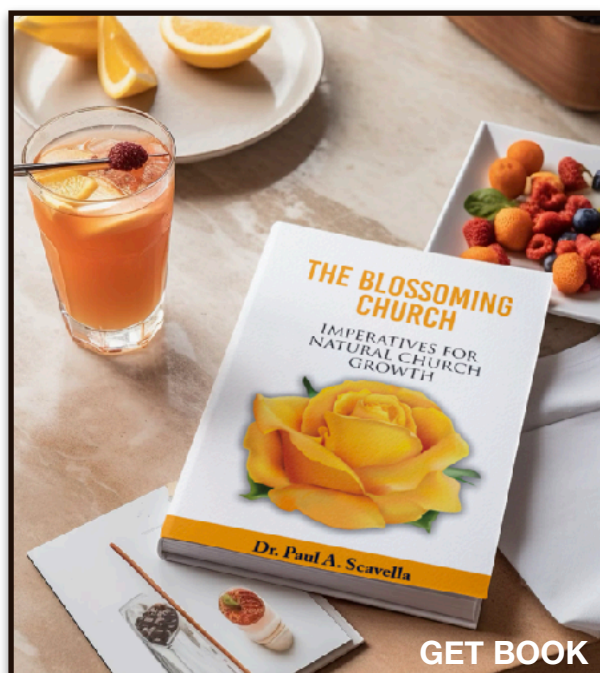
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