

iBlossom NEWSLETTER

Your Growth Continues Now



Hello Fellow Bloomers, We are pleased to welcome you to the latest issue of our Blossoming Place Bi-Monthly Newsletter. This issue has rich content and insights to help you reach your maximum potential. We hope you find these updates a nourishing addition to your journey.

Bi-Monthly Blog Updates

Resilience: Flourishing Amidst Adversity:

In the face of adversity, resilience is not just a trait; it's a transformative force that empowers individuals and communities to thrive. The Bible offers numerous examples of resilience, particularly in the lives of figures like Job, who faced profound losses yet remained steadfast in faith. Job 17:9 states, "The righteous keep moving forward, and those with clean hands become stronger and stronger." This verse encapsulates the essence of resilience: the ability to push through hardships, emerging not only intact but often stronger and more capable. Leaders who embody this spirit inspire their teams to adopt a similar mindset, fostering a culture where challenges are seen as opportunities for growth and innovation.



The imagery of a desert blooming after rain, beautifully illustrates the concept of flourishing amidst adversity. Just as rain revitalizes parched land, challenges can cultivate resilience, leading to a renewed sense of purpose and strength. In Isaiah 35:1-2, it is written, "The desert and the parched land will be glad; the wilderness will rejoice and blossom." This passage serves as a powerful reminder that adversity can be a precursor to flourishing; it is during the toughest seasons that resilience is forged. By embracing difficulties with faith and tenacity, we people not only navigate our own challenges but also become beacons of hope for others, demonstrating that every struggle can lead to profound growth and transformation.

— By Dr. Paul A. Scavella. Remember: "Your Growth Continues Now."



Click to Listen to this inspiring and uplifting song:
Flourish Even in Drought | Uplifting Gospel Praise & Worship
 GOSPEL SOUNDSCAPES BY VAUN WALPOLE

SALE

Items For Sale?

Be the first to advertise in our Newsletter!



Biblical Coaching 101

Each Friday Night
 at 7:00 P.M.
 EST.



Available:
 Books, Polo Shirts, Book Markers, and more.

FAITH POWER MOVES

Explore the power of faith with today's 'Faith Power Move' #faith-power-move'. This power move will inspire and invigorate your spiritual journey.

Psalm 19:13,14 (NIV)

"¹³ Keep your servant also from willful sins; may they not rule over me. Then I will be blameless, innocent of great transgression. ¹⁴ May these words of my mouth and this meditation of my heart be pleasing in your sight, Lord, my Rock and my Redeemer.



FITNESS MATTERS

Your body is your temple. Our health and fitness updates provide effective workout routines, healthy recipes, and tips to maintain a balanced lifestyle.

Lifestyle Tips: Summer safety (Heat Stroke & Water Safety)

Watch for heat stroke

- ❖ Besides staying safe from sunburn, it's important to protect yourself from heat exhaustion or heat stroke. Your body naturally cools itself down through sweating, but it's easy to get dehydrated when you're sweating a lot. Drink plenty of water, stay in the shade as much as possible, and avoid working or playing in direct sunshine.
- ❖ Watch for signs of heat exhaustion, such as a rapid heart rate, pale skin, fatigue or muscle cramps. Move to the shade and apply a cool cloth or ice to the person's forehead, face and neck. Encourage them to drink cold water.
- ❖ Call 911 if you or a loved one experiences any signs of heat stroke: body temperature 103 degrees or higher, dizziness, headaches or confusion, flushed, hot skin, quick breathing..

Practice water safety

- ❖ Whether you're in a pool, on a boat or at the beach, it's crucial to practice proper water safety. Young children should wear life jackets when playing around any body of water, and people of all ages should wear them when they're on boats or swimming in a lake or ocean.
- ❖ Pools should be fenced in on all four sides, with a self-latching, secure gate that's at least four feet high. Even kiddie pools and buckets can be drowning hazards for babies and toddlers. Never leave your child alone around water and cover pools when not in use.



FUNDAMENTALS of Education

Career Personality Profile Test Learning Styles Quiz

<https://www.truity.com/test/career-personality-profiler-test>

<https://learningstylequiz.com/quiz/start.php>

Understanding the principles that guide Adventist Christian Education is critical for spiritual growth. Dive deep into these fundamentals in our latest update.

EDUCATION CAN UPLIFT THE IMPORTANCE OF CHRISTIAN LIVING, continued:

“The true teacher is not satisfied with second-rate work. He or she, is not satisfied with directing his students to a standard lower than the highest which it is possible for them to attain. He or she, cannot be content with imparting to them only technical knowledge, with making them merely clever accountants, skillful artisans, successful tradesmen. It is his ambition to inspire them with principles of truth, obedience, honor, integrity, and purity — principles that will make them a positive force for the stability and uplifting of society. He or she, desires them, above all else, to learn life’s great lesson of unselfish service.” — Adventist Education - E. G. White

Family Togetherness

Strengthen your family bonds with our guidelines on Family Togetherness. Discover activities, shared goals, and traditions that foster love and unity.

Ways To Serve The Families In Your City, continued:

- ❖ Provide support for families with at-risk kids or kids with chronic diseases.
- ❖ Provide parenting seminars.
- ❖ Share workshops on bullying.
- ❖ Hold a family festival.
- ❖ Renovate a home for a single mom.

— Mission In Cities



Financial Fitness

Learn effective money management, saving, and investment tips to secure financial health. It's time to take control of your financial future. It is more blessed to give than to receive. Receivers always give.

Principles to Live By - From Adventist Home:

“Parents should learn to live within their means. They should cultivate self-denial in their children, teaching them by precept and example. They should make their wants few and simple, that there may be time for mental improvement and spiritual culture.

Indulgence Not an Expression of Love. --Do not educate your children to think that your love for them must be expressed by indulgence of their pride, extravagance, and love of display. There is no time now to invent ways for using up money. Use your inventive faculties in seeking to economize.

Economy Consistent With Generosity. --The natural turn of youth in this age is to neglect and despise economy and to confound it with stinginess and narrowness. But economy is consistent with the most broad and liberal views and feelings; there can be no true generosity where it is not practiced. No one should think it beneath him to study economy and the best means of taking care of the fragments.”

— Adventist Home - E. G. White





“If you look at the world, you will be distressed. If you look within, you will be depressed. If you look at Christ, you will be at rest.” — Corrie ten Boom



Laughter refreshes the soul. Enjoy our Christian #joke-of-the-day and share the joy with others.

Why couldn't Cain make a sacrifice that pleased the Lord?
Because he wasn't Able.



Draw strength and peace from our selection of powerful Bible prayers. Let them guide your prayer sessions.

Powerful Prayer of the Day

Psalm 37:1–4 (NIV)

“¹ Do not fret because of those who are evil or be envious of those who do wrong; ² for like the grass they will soon wither, like green plants they will soon die away. ³ Trust in the Lord and do good; dwell in the land and enjoy safe pasture. ⁴ Take delight in the Lord, and He will give you the desires of your heart.”



Bible Trivia of the Day

Test your knowledge and enjoy some fun with our Biblia Trivia.

Trivia Questions - Moses

How long did Moses's mother hide him to escape the death edict of Pharaoh?

Who was Moses's father-in-law?

What was the name of Aaron's (Moses's brother) wife?

How old was Moses when he gave God's message to Pharaoh: "Let my people go"?

What was the tenth plague in Egypt?

Where was Moses buried?

Upcoming Events

Join us for upcoming events that reconnect, enrich life's journeys, and foster healthy communities. Take a look at what's coming up.

August 1, 2025 – 7:00 p.m.

Discipleship Coaching 101 - Friday evenings live on our Blossoming Place YouTube and FB channels. Engaging Studies for New Disciples.

August 3, 2025 – 5:00 p.m.

Blossoming online Bible Class: Join us each Sunday. This week we continue to examine the Three Angels' messages.

August 6, 2025 – 7:15 p.m.

The Search for Truth Gospel Campaign continues every Wednesday night beginning at 7:15 p.m. Join us live on the Freeport Adventist Church YouTube channel.

August 24, 2025 – 6:00 a.m. EST

The Renew Prayer Journey continues August 24. Guest Speaker, Topic and Scripture: to be announced. Please join us on the 4th Sunday each month from 6:00 - 7:00 A.M. EST.

Weekdays (M-F) – 8:30 p.m.

Daily FB Live with *Dr Paul* is on call, Monday-Friday.

[SAMPLE Link](#)

Daily Life Coaching

Sessions are available; book your appointment today by visiting our website listed below.

COMING SOON - Bone Alignment Therapy (BAT) Blog/Podcast.

Plan to attend our third annual Ten Days of Prayer Event! November 30th to December 9th, 2025.

Join us on the Renew Prayer Journey, continued!

the 4th Sunday each Month
6:00 - 7:00 a.m. EST

Thank you for being part of our community. We look forward to bringing you more empowering resources in our next issue.

Please share this newsletter with anyone who might benefit from it. If you have any suggestions or comments, please write back to us.

Stay blessed,
Dr. Paul Scavella
Founder/Chairman
Blossoming Place



ON CALL
WITH
DR. PAUL

CONNECT



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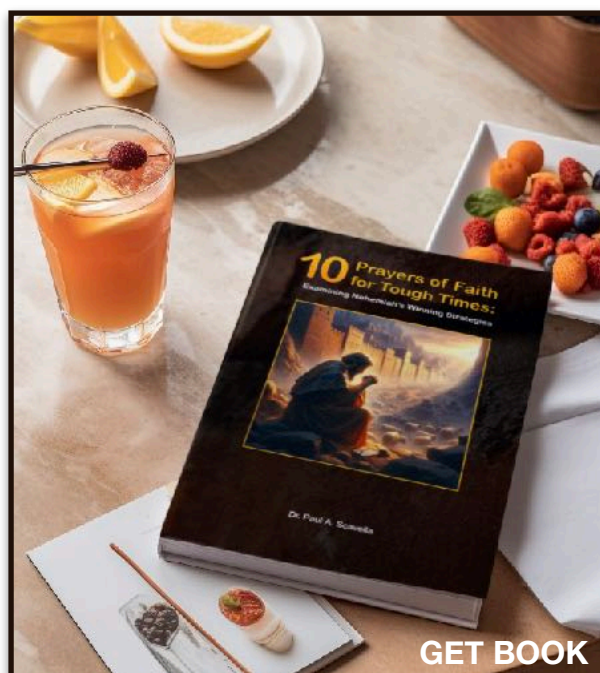
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