

iBlossom NEWSLETTER

Your Growth Continues Now



Hello Fellow Bloomers, We are pleased to welcome you to the latest issue of our Blossoming Place Bi-Monthly Newsletter. This issue has rich content and insights to help you reach your maximum potential. We hope you find these updates a nourishing addition to your journey.

Bi-Monthly Blog Updates



PHOTO: NBCU PHOTO BANK

It's a Different World - By Dr. Paul A. Scavella

"It's a Different World" is a popular sitcom that premiered on September 24, 1987. It was a spin-off of "The Cosby Show" and starred Lisa Bonet as Denise Huxtable, along with a talented ensemble cast that included Jasmine Guy, Kadeem Hardison, and Darryl M. Bell.

The show highlighted the experiences of African American college students at Hillman College, exploring themes such as cultural identity, social issues, and the challenges of young adulthood. It tackled important topics, including race relations, relationships, and the importance of education.

The primary message of "It's a Different World" revolved around empowerment, resilience, and the importance of community and education in overcoming life's challenges. It aimed to portray the diverse experiences of African American youth and to encourage discussions about social issues relevant to the audience.

Following the U.S. presidential election of November 4, 2020 where Joe Biden was declared the winner over incumbent Donald Trump, several significant changes and events shaped the world:

Continued on Next page

SALE

Items For Sale?

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Biblical Coaching 101

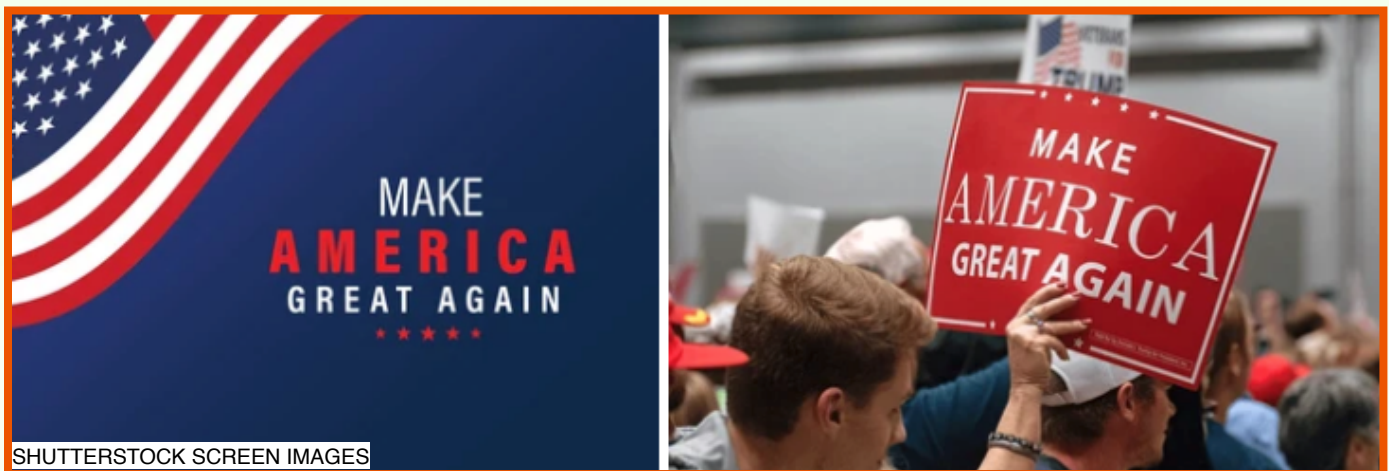
Each Friday Night
at 7:00 P.M.
EST.



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It's a Different World, Continued

1. **Political Landscape:** The transition from the Trump administration to the Biden administration marked a significant shift in U.S. domestic and foreign policies. Biden's presidency focused on issues such as climate change, health care, and social justice, contrasting with Trump's policies.
2. **COVID-19 Pandemic:** The pandemic impacted daily life, economies, and healthcare systems worldwide. The rollout of vaccines and public health strategies were a central focus, with varying responses among different countries and communities.
3. **Social Movements:** The Black Lives Matter movement and discussions around racial equality and justice gained momentum. Protests and activism shaped dialogues around systemic racism and police reform.
4. **Economic Changes:** The pandemic caused economic disruptions that led to changes in employment, remote work, and shifts in various industries. The Biden administration introduced stimulus measures to address the economic fallout.
5. **Global Relations:** The U.S. re-engagement with international agreements, such as the Paris Climate Agreement, marked a shift in foreign relations, focusing on multilateralism and collaboration on global issues.
6. **Technological Advancements:** The pandemic accelerated digital transformation, with increased reliance on technology for work, education, and social interaction.



The former Trump administration was dismissive of COVID protocols and the new regime highlights the theme, Making America Great Again by closing down its borders, redefining who can be an American, , and embraces a spirit of payback to all who did him wrong.

Overall, the world in recent times has seen a complex interplay of political, social, and economic factors that have shaped contemporary society and continue to influence the future. Not such a comforting and hopeful perspective!

Many however find strength and reassurance in their faith, especially during times of uncertainty and change. The belief in God's constancy and faithfulness can provide a sense of peace and purpose, reminding individuals to remain steadfast in their beliefs and values.

The idea that "nothing happens without His allowance" reflects a trust in a higher plan, which can be particularly important during turbulent times. The encouragement to "be thou faithful until death" speaks to the importance of perseverance and commitment to one's faith, regardless of circumstances.

This perspective can inspire individuals to focus on Jesus and maintain hope for the future, reinforcing the belief that there is a greater purpose at work in the world. Even so, come Lord Jesus.

FAITH POWER MOVES

Explore the power of faith with today's 'Faith Power Move' #faith-power-move'. This power move will inspire and invigorate your spiritual journey.

Philippians 1:9-11

“⁹And this I pray, that your love may abound still more and more in knowledge and all discernment, ¹⁰ that you may approve the things that are excellent, that you may be sincere and without offense till the day of Christ, ¹¹ being filled with the fruits of righteousness which are by Jesus Christ, to the glory and praise of God.”



FITNESS MATTERS

Your body is your temple. Our health and fitness updates provide effective workout routines, healthy recipes, and tips to maintain a balanced lifestyle.

Why bother getting fit at all?

There are a multitude of good reasons to exercise your way back to physical fitness. Regular physical activity can help you:

Prevent the three leading health-related causes of death — heart disease, stroke and cancer.

- ❖ Control your weight
- ❖ Build overall strength and endurance
- ❖ Improve your sleep
- ❖ Lower your risk for depression
- ❖ Increase your energy and self-esteem
- ❖ Relieve stress

— [Adventist Health](#)



FUNDAMENTALS of Education

Career Personality Profile Test

<https://www.truity.com/test/career-personality-profiler-test>

Learning Styles Quiz

<https://learningstylequiz.com/quiz/start.php>

Understanding the principles that guide Adventist Christian Education is critical for spiritual growth. Dive deep into these fundamentals in our latest update.



Prioritizing the Subject Matter of Curriculums:

“True education means more than taking a certain course of study. It is broad. It includes the harmonious development of all the physical powers and the mental faculties. It teaches the love and fear of God and is a preparation for the faithful discharge of life’s duties.” (Counsels to Parents, Teachers, and Students, p. 64)

— Ellen G. White / adventist.org



Strengthen your family bonds with our guidelines on Family Togetherness. Discover activities, shared goals, and traditions that foster love and unity.

Ways To Celebrate With Your Family:

- ❖ Weekly family night (movie, games, bonding) playdate
- ❖ Adopt an elderly neighbor (family checks in on neighbor, mows lawn, etc.)
- ❖ Small group in home (biweekly) for families of similar age teaching parenting
- ❖ Incorporate a daily family devotional time
- ❖ Family meals (share about your day); sit together at table
- ❖ Establish no cellphone/electronics use for a designated time each day; instead play game/art/crafts

— NAD Family Ministries



Financial Fitness

Learn effective money management, saving, and investment tips to secure financial health. It's time to take control of your financial future. It is more blessed to give than to receive. Receivers always give.

Principles of Family Finance - Money

“Money May Be a Blessing or a Curse. --Money is not necessarily a curse; it is of high value because if rightly appropriated, it can do good in the salvation of souls, in blessing others who are poorer than ourselves. By an improvident or unwise use, . . . money will become a snare to the user. He who employs money to gratify pride and ambition makes it a curse rather than a blessing. Money is a constant test of the affections. Whoever acquires more than sufficient for his real needs should seek wisdom and grace to know his own heart and to keep his heart diligently, lest he have imaginary wants and become an unfaithful steward, using with prodigality his Lord's entrusted capital.”

— Adventist Homes - Principles of Family Finance





“Worry does not empty tomorrow of its sorrows; it empties today of its strength.”

— Corrie Ten Boom



Draw strength and peace from our selection of powerful Bible prayers. Let them guide your prayer sessions.



Powerful Prayer of the Day

Psalm 25:4-5

"Make me to know your ways, O Lord; teach me your paths. Lead me in your truth and teach me, for you are the God of my salvation; for you I wait all the day long."



Bible Trivia of the Day

Test your knowledge and enjoy some fun with our Biblia Trivia.

Trivia Questions:

To whom did God promise that his children should be in numbers as the stars in heaven?

Of which person who was not of Abraham's seed did God say, "I will make him a great nation?"

What were the three major promises God gave to Abraham?



Laughter refreshes the soul. Enjoy our Christian #joke-of-the-day and share the joy with others.

“The Evangelist is walking in the park and sees a man sitting on a park bench by himself. And asks, Is this seat saved?

The seated man says it is not.

Evangelist asks what about you?



Upcoming Events

Join us for upcoming events that reconnect, enrich life's journeys, and foster healthy communities. Take a look at what's coming up.

February 21, 2025 – 7:00 p.m.

Discipleship Coaching 101 - Friday evenings live on our Blossoming Place YouTube and FB channels. The focus is: "Discipling: A Journey Not an Event".

February 23, 2025 – 6:00 a.m. EST

The Renew Prayer Journey continues. Please join us on the 4th Sunday each month. You will come away truly blessed! The Sunday, January 23, our guest speaker is: Mrs. Patrice Williams-Gordon. The topic is: "When God Says Good". The text: Nehemiah 5:19

February 23, 2025 – 5:00 p.m.

Blossoming online Bible Class: Join us each Sunday. This week we continue to examine the Three Angels' messages of Revelation 14: 6-12.

February 26, 2025 – 7:15 p.m.

The Search for Truth Gospel Campaign continues every Wednesday night beginning at 7:15 p.m. Join us live on the Freeport Adventist Church YouTube channel.

Weekdays (M-F) – 8:30 p.m.

Daily FB Live with Dr Paul is on call, Monday-Friday.

[SAMPLE Link](#)

Daily Life Coaching

Sessions are available; book your appointment today by visiting our website listed below.

COMING SOON - Bone Alignment Therapy (BAT) Blog and Podcast.

Join us on the Renew Prayer Journey, continued!

the 4th Sunday each Month
6:00 - 7:00 a.m. EST

Thank you for being part of our community. We look forward to bringing you more empowering resources in our next issue.

Please share this newsletter with anyone who might benefit from it. If you have any suggestions or comments, please write back to us.

Stay blessed,
Dr. Paul Scavella
Founder/Chairman
Blossoming Place



ON CALL
WITH
DR. PAUL

CONNECT



Email Address:

theblossomingplace@gmail.com

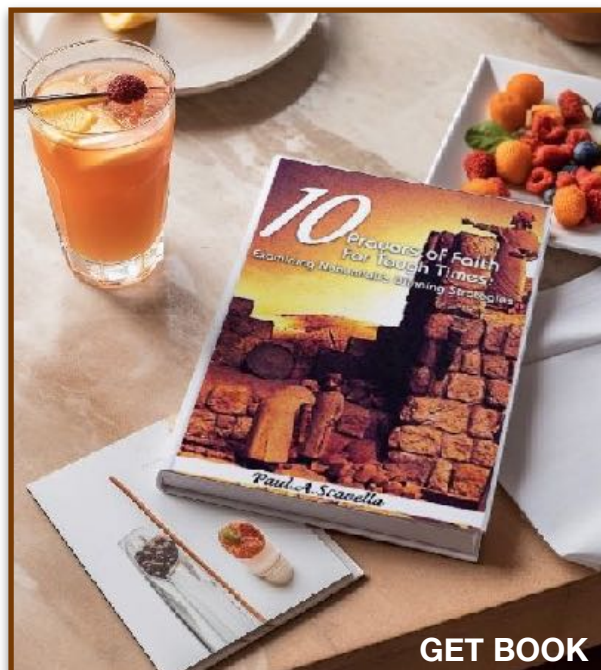
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