

iBlossom NEWSLETTER

Your Growth Continues Now



Hello Fellow Bloomers, We are pleased to welcome you to the latest issue of our Blossoming Place Bi-Monthly Newsletter. This issue has rich content and insights to help you reach your maximum potential. We hope you find these updates a nourishing addition to your journey.

Bi-Monthly Blog Updates

16 Prayer Secrets - By Dr. Paul A. Scavella

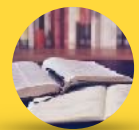
Today we look at the last 5 of our 16 Prayer Secrets (12-16), taken from the word of God on the Blossoming Place Facebook Live at 5:30 each Friday evening. Join us and empower your prayer life. Also join us for our upcoming monthly Renew Prayer Journey this Sunday, December 22nd, at 6:00 AM EST. Your Renew Prayer Journey, continues in 2025 on the 4th Sunday of each month. Join us, you will be Blessed!

12. **Pray for Peace: John 14:27** - Jesus gives peace that the world cannot give.
13. **Pray with Authority: Matthew 18:18** - Whatever you bind on earth will be bound in heaven.
14. **Pray for Healing: Isaiah 53:5** - By His stripes, we are healed.
15. **Pray in His Name: John 14:13** - Ask anything in His name, and He will do it.
16. **Pray with Humility: 2 Chronicles 7:14** - Humble yourselves and pray.



Items For Sale?

Be the first to advertise in our Newsletter!



Biblical Coaching 101

Each Friday Night
at 7:00 P.M. EST.



Available:
Books, Polo Shirts, Book Markers, and more.



FAITH POWER MOVES

Explore the power of faith with today's 'Faith Power Move' #faith-power-move'. This power move will inspire and invigorate your spiritual journey.

Philippians 1:9-11

“⁹ And this I pray, that your love may abound still more and more in knowledge and all discernment, ¹⁰ that you may approve the things that are excellent, that you may be sincere and without offense till the day of Christ, ¹¹ being filled with the fruits of righteousness which are by Jesus Christ, to the glory and praise of God.”



FITNESS MATTERS

Your body is your temple. Our health and fitness updates provide effective workout routines, healthy recipes, and tips to maintain a balanced lifestyle.



Coping with Holiday Stress, continued: Sleep like a (yule) log

While it may sound simple, getting plenty of rest is a simple way to ensure that you start each day on the right foot. It's easy to get caught up in holiday projects and marathon-watching Christmas movies on Netflix and get to bed at a late hour. Lack of sleep can cause cloudy thoughts, irritability, and generally make you less able to tackle daily tasks. The National Sleep Institute recommends an average of seven to nine hours of sleep per night for adults, and they also recommend naps as needed for those really tough days. So go ahead, put your phone on 'do not disturb' and count those sheep. Snuggies are optional. — [Adventist Health](#)

FUNDAMENTALS of Education

Career Personality Profile Test Learning Styles Quiz

<https://www.truity.com/test/career-personality-profiler-test>

<https://learningstylequiz.com/quiz/start.php>

Understanding the principles that guide Adventist Christian Education is critical for spiritual growth. Dive deep into these fundamentals in our latest update.

Education should empower students with marketable skills:

Students who have gained book knowledge without gaining a knowledge of practical work cannot lay claim to a symmetrical education. The energies that should have been devoted to business of various lines have been neglected. Education does not consist in using the brain alone. Physical employment is a part of the training essential for every youth. An important phase of education is lacking if the student is not taught how to engage in useful labor.

(Counsels to Parents, Teachers, and Students, pp. 307-308)

— Ellen G. White / [adventist.org](#)





Strengthen your family bonds with our guidelines on Family Togetherness. Discover activities, shared goals, and traditions that foster love and unity.

Marriage:

The union of man and woman — reflects the image of God and His love for humanity. Genesis 2:24 reads, “Therefore a man shall leave his father and mother and be joined to his wife, and they shall become one flesh.” This sacred bond serves as the foundation for family life, symbolizing Christ’s relationship with His church. As Seventh-day Adventists, we affirm the sanctity of marriage and its role in nurturing love, companionship, and spiritual growth.

— Willie and Elaine Oliver, Directors (from their book)

Adventist Family Ministries



Financial Fitness

Learn effective money management, saving, and investment tips to secure financial health. It's time to take control of your financial future. It is more blessed to give than to receive. Receivers always give.

The Folly of Overspending:

- ❖ **Proverbs 21:17:** “Whoever loves pleasure will be a poor man; he who loves wine and oil will not be rich.”
- ❖ This proverb warns against indulgent spending on luxuries and pleasure-seeking behaviors. Living beyond one's means can lead to financial ruin. It advocates for a lifestyle of moderation and budgeting to ensure financial stability and growth.





"Faith is deliberate confidence in the character of God whose ways you may not understand at the time."

— Oswald Chambers"



Draw strength and peace from our selection of powerful Bible prayers. Let them guide your prayer sessions.

Psalm 37:1-4 – David's Prayer

"Fret not yourself because of evildoers; be not envious of wrongdoers! For they will soon fade like the grass and wither like the green herb. Trust in the Lord, and do good; dwell in the land and befriend faithfulness. Delight yourself in the Lord, and he will give you the desires of your heart."



Laughter refreshes the soul. Enjoy our Christian #joke-of-the-day and share the joy with others.

What did the boy say when Jesus multiplied his lunch to feed the crowd? I don't know what it is, but something about this seems fishy to me.



Bible Trivia of the Day

Test your knowledge and enjoy some fun with our Biblia Trivia.

Trivia Questions - Jesus:

Before Jesus started preaching and healing, what was his job?

Who spoke from the sky when Jesus was baptized?

How much bread and fish did Jesus use to feed more than 5,000 people?

Name the place where Jesus walked on water?

Upcoming Events

Join us for upcoming events that reconnect, enrich life's journeys, and foster healthy communities. Take a look at what's coming up.

December 20, 2024 – 7:00 p.m.

Discipleship Coaching 101 - Friday evenings live on our Blossoming Place YouTube and FB channels.

December 22, 2024 — 6:00 a.m. EST

The Renew Prayer Journey Continues. Please join us on the 4th Sunday each month. You will come away truly blessed!

December 22, 2024 – 5:00 p.m.

Blossoming online Bible Class: Join us each Sunday. This week we continue to examine the Three Angels' messages of Revelation 14: 6-12.

December 25, 2024 – 7:15 p.m.

The Search for Truth Gospel Campaign continues every Wednesday night beginning at 7:15 p.m. Join us live on the Freeport Adventist Church YouTube channel.

Weekdays (M-F) – 8:30 p.m.

Daily FB Live with *Dr Paul* is on call, Monday-Friday.

[SAMPLE Link](#)

Daily Life Coaching

Sessions are available; book your appointment today by visiting our website listed below.

COMING SOON - Bone Alignment Therapy (BAT) Blog and Podcast.

Join us on the Renew Prayer Journey, continued!

the 4th Sunday each Month
6:00 - 7:00 a.m. EST

Thank you for being part of our community. We look forward to bringing you more empowering resources in our next issue.

Please share this newsletter with anyone who might benefit from it. If you have any suggestions or comments, please write back to us.

Stay blessed,
Dr. Paul Scavella
Founder/Chairman
Blossoming Place



ON CALL
WITH
DR. PAUL

CONNECT



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theblossomingplace@gmail.com

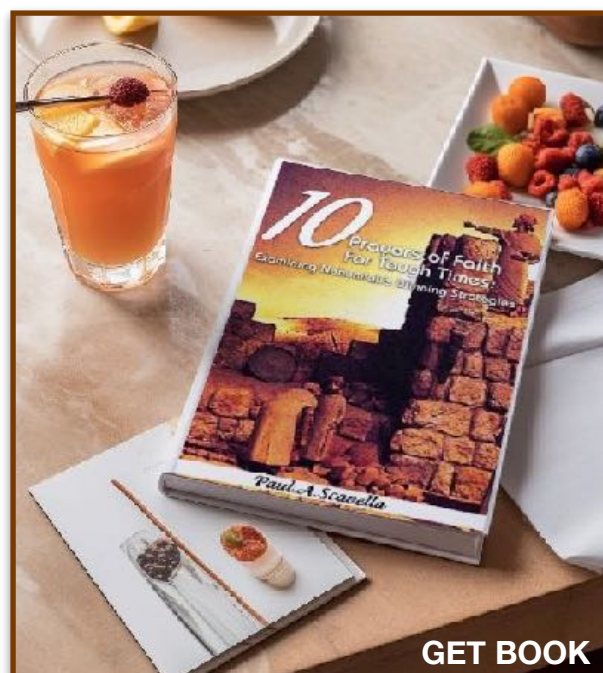
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