



Hello Fellow Bloomers, We are pleased to welcome you to the latest issue of our Blossoming Place Bi-Monthly Newsletter. This issue has rich content and insights to help you reach your maximum potential. We hope you find these updates a nourishing addition to your journey.

Bi-Monthly Blog Updates

Essentials Biblical Qualities of Today's Spiritual Leader - By Dr. Paul A. Scavella

1. **Integrity** - Integrity is crucial for spiritual leaders as it cultivates trust and sets an ethical standard.
Scripture: Proverbs 10:9 - "Whoever walks in integrity walks securely, but he who makes his ways crooked will be found out."
2. **Wisdom** - Wisdom enables leaders to make insightful, fair, and God-aligned decisions.
Scripture: James 1:5 - "If any of you lacks wisdom, let him ask God, who gives generously to all without reproach, and it will be given him."
3. **Compassion** - A leader with compassion shows empathy, kindness, and understanding.
Scripture: Colossians 3:12 - "Put on then, as God's chosen ones, holy and beloved, compassionate hearts, kindness, humility, meekness, and patience."
4. **Humility** - Humility grounds leaders and prompts them to serve others as Christ did.
Scripture: Philippians 2:3-4 - "Do nothing from selfish ambition or conceit, but in humility count others more significant than yourselves. Let each of you look not only to his own interests, but also to the interests of others."
5. **Courage** - Spiritual leaders often encounter challenges and opposition, which demands the courage to remain steadfast in their faith.
Scripture: Joshua 1:9 - "Have I not commanded you? Be strong and courageous. Do not be frightened, and do not be dismayed, for the Lord your God is with you wherever you go."
6. **Faithfulness** - A dedication to faithfulness ensures that leaders continue their mission and stewardship.
Scripture: 1 Corinthians 4:2 - "Moreover, it is required of stewards that they be found faithful."
7. **Prayerfulness** - Regular prayer is essential for seeking guidance and strength from God.
Scripture: 1 Thessalonians 5:17 - "Pray without ceasing."
8. **Vision** - A clear, divine vision is necessary for effective leadership and to motivate others.
Scripture: Proverbs 29:18 - "Where there is no vision, the people perish: but he that keepeth the law, happy is he."
9. **Servant Leadership** - Leaders should emulate Jesus, who came to serve rather than be served.
Scripture: Mark 10:45 - "For even the Son of Man came not to be served but to serve, and to give his life as a ransom for many."
10. **Love** - Love is the paramount command and should underpin every action a leader takes.
Scripture: 1 Corinthians 13:1-3 - "If I speak in the tongues of men and of angels, but have not love, I am a noisy gong or a clanging cymbal. And if I have prophetic powers, and understand all mysteries and all knowledge, and if I have all faith, so as to remove mountains, but have not love, I am nothing."

Each of these key qualities, backed by Scripture, delineates the virtues and responsibilities of a spiritual leader who strives to lead with ethical integrity and divine purpose.



Items For Sale?

Be the first to advertise in our Newsletter!



Biblical Coaching 101

Each Friday Night at 6:00 P.M. EST.



Available:

Books, Polo Shirts, Book Markers, and more.

FAITH POWER MOVES

Explore the power of faith with today's 'Faith Power Move' #faith-power-move'. This power move will inspire and invigorate your spiritual journey.

A Prayer for Blended Families:

God, You know exactly what our family needs in order to thrive. You understand how hard it is to combine two families, but You also know how rewarding it can be. As we figure out how to lead this family together, please protect our marriage, and help us create meaningful bonds with all our children. Guide us and protect us and draw us closer to You and to each other. In Jesus' name, Amen.

— Abbotsford Seventh-day Adventist Church



FITNESS MATTERS

Your body is your temple. Our health and fitness updates provide effective workout routines, healthy recipes, and tips to maintain a balanced lifestyle.



6 Quick Tension Tamers:

1. Take some slow, deep breaths. Inhale through your nose for four counts. Hold for one beat. Then exhale through your mouth for four counts.
2. Try a quick shadow-boxing session—jab, cross, hook and uppercut your stress away.
3. Sing, hum or whistle an upbeat tune.
4. Look at a photo that makes you smile. It could be anything—the latest snap of the grandkids, a close-up of a caterpillar or a work of art you love.
5. Bite into a perfectly ripe pear and savor its sweetness.
6. Play with texture. Squeeze a rubbery stress ball or rub a smooth stone.

— [Adventist Health](#)

FUNDAMENTALS of Education

Career Personality Profile Test

<https://www.truity.com/test/career-personality-profiler-test>

Learning Styles Quiz

<https://learningstylequiz.com/quiz/start.php>

Understanding the principles that guide Adventist Christian Education is critical for spiritual growth. Dive deep into these fundamentals in our latest update.

A HOLISTIC APPROACH TO LEARNING:

True education means more than the pursuit of a certain course of study. It means more than a preparation for the life that now is. It has to do with the whole being, and with the whole period of existence possible to man.

It is the harmonious development of the physical, the mental, and the spiritual powers. It prepares the student for the joy of service in this world and for the higher joy of wider service in the world to come. (Education, p. 13}





Strengthen your family bonds with our guidelines on Family Togetherness. Discover activities, shared goals, and traditions that foster love and unity.



Reach Out With God:

Involve your family in sharing your faith.

- ❖ Participate with your family in the Mission to the Families in the Cities initiative using the Family to Family materials to witness to your neighbors, relatives and friends (Available on family.adventist.org).
- ❖ Engage your family in the Total Member Involvement initiative.
- ❖ Participate with your family in mission trips and other outreach activities to reach families for Jesus.

— Adventist Family Ministries

Financial Fitness

Learn effective money management, saving, and investment tips to secure financial health. It's time to take control of your financial future. It is more blessed to give than to receive. Receivers always give.

Seeking Wise Counsel:

- ❖ Proverbs 15:22: "Without counsel plans fail, but with many advisers they succeed."
- ❖ When making significant financial decisions, seeking the advice of knowledgeable and experienced advisors can lead to better outcomes. This proverb highlights the benefits of consulting with financial advisors, mentors, or other experienced individuals to enrich your decision-making process.





“Some of God’s greatest gifts are unanswered prayers.”

— Garth Brooks



Laughter refreshes the soul. Enjoy our Christian #joke-of-the-day and share the joy with others.

Why did Adam and Eve do math every day?
They were told to be fruitful and multiply.



Draw strength and peace from our selection of powerful Bible prayers. Let them guide your prayer sessions.

I Corinthians 2:3-5

I came to you in weakness with great fear and trembling. My message and my preaching were not with wise and persuasive words, but with a demonstration of the Spirit’s power, so that your faith might not rest on human wisdom, but on God’s power.”

Bible Trivia of the Day

Test your knowledge and enjoy some fun with our Biblia Trivia.

Trivia Questions - Jesus:

Who baptized Jesus?

Who spoke from the sky when Jesus was baptized?

Before Jesus started preaching, what was his job?

Where was Jesus’ hometown?

Name the place where Jesus walked on water?



Upcoming Events

Join us for upcoming events that reconnect, enrich life's journeys, and foster healthy communities. Take a look at what's coming up.

November 1, 2024

Discipleship Coaching 101 - Friday evenings 7:00 p.m. live on our YouTube and FB channels.

November 3, 2024

Each Sunday at 5:00 p.m., Join the Weekly Blossoming Bible Class online. This week we continue to examine the Three Angels' messages of Revelation 14: 6-12.

November 6, 2024

The Search for Truth Gospel Campaign continues every Wednesday night beginning at 7:15 p.m. Join us live on the Freeport Adventist Church YouTube channel.

November 29 - December 8, 2024 - 6:00 a.m.

The Renew Prayer Journey Continues. Special Guest Speaker: The Governor General of the Bahamas, Dame Cynthia A. Pratt.

Weekdays (M-F)

Daily FB Live with Dr Paul is on call at 11:45 a.m., Monday-Friday.

Daily Life Coaching

Sessions are available; book your appointment today by visiting our website listed below.

COMING SOON - Bone Alignment Therapy (BAT) Blog and Podcast.

Thank you for being part of our community. We look forward to bringing you more empowering resources in our next issue.

Please share this newsletter with anyone who might benefit from it. If you have any suggestions or comments, please write back to us.

Stay blessed,
Dr. Paul Scavella
Founder/Chairman
Blossoming Place



**ON CALL
WITH
DR. PAUL**



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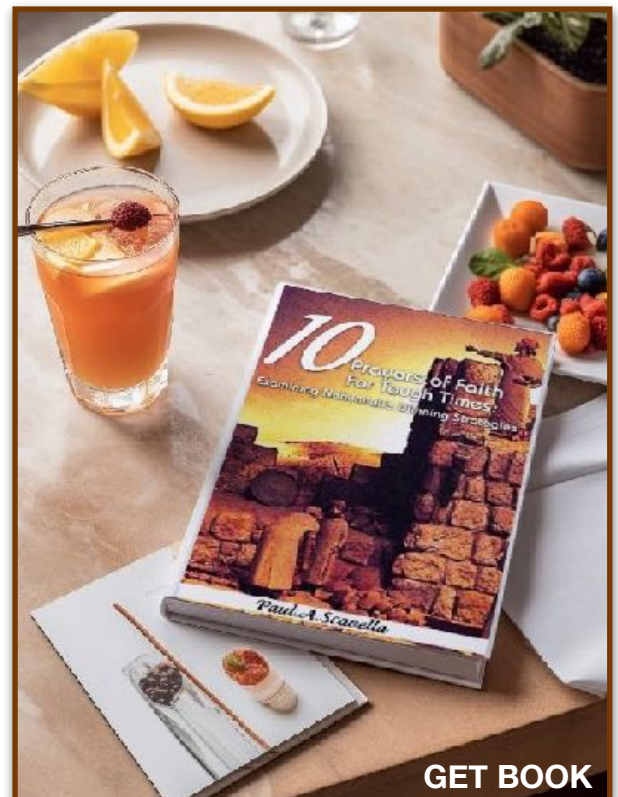
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