

iBlossomNEWSLETTER

Your Growth Continues Now



Bi-Monthly Blog:

ITPTG: "Is This Pleasing To God?"

"ITPTG" Is this please to God is a phrase God planted in my heart a few weeks ago. So, the question we must ask ourselves daily as we make decisions is, "Is this pleasing to God? This what? Whatever it is that you are engaged in each day. Is this pleasing to God? Be it in your home setting as an individual or as a part of a corporate setting. Is God well pleased? God the Father said of His SON, Jesus Christ, "This is my beloved son in whom I am well pleased." As disciples of the body of Christ, when the organization presents opportunities in which we should participate, we must first ask, "Is this pleasing to God?" If not, we could run the risk of group thinking. This, at times, can result in good. However, on many occasions, could be totally against God's will for you as an individual or a community. While there is wisdom in a multitude of counsel, at times, counsel is skewed against God's will and posited as God's will. Thus, Paul encourages us to examine ourselves and see if we are still of faith. ITPTG?

By Dr. Paul A. Scavella

Have a safe, blessed,
Christ-filled day today.



Items For Sale?

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Biblical Coaching 101

Each Friday Night
at 8:00 P.M. EST.



Available:

Books, Polo Shirts,
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and more.



Six Steps to Give Thanks to God with Psalm 107

Step 1: Give thanks to God for who He is (Verses 1 – 3)

Reflect on who God says He is in Scripture. Thank Him first and foremost for being a God of mercy and love as well as justice (Numbers 14:18). Praise Him for the way He has revealed himself to us in Scripture.

Step 2: Give thanks to God for the times He guided you through a difficult season (Verses 4 – 9)

Think back on the past year. When did you experience hardship, like a broken relationship, a difficult decision, a financial struggle? Reflect on how God was with you and thank Him for His presence. Ask Him to continue to guide you in the upcoming year.

Step 3: Give thanks to God for the times He provided hope, strength, and comfort (Verses 10 – 16)

Even the happiest year has its difficult moments, and even the darkest year has its moments of hope. As you remember God's blessings throughout the year, think back on when you needed encouragement, strength, or comfort. How did God provide for you? In what ways did you feel Him draw near to you? Remember how God answered your prayers and thank Him for being a loving Father!

Step 4: Give thanks to God for the times He showed you mercy and forgiveness (Verses 17 – 22)

Each one of us fails to live up to God's perfect standard. But thanks to Jesus, we can run to God for forgiveness when we make a mistake. Reflect on times when God showed you mercy this year. Thank Him for the forgiveness of sins He offers in Jesus and ask Him to help you show the same forgiveness to others.

Step 5: Give thanks to God for the times He delivered you from danger (Verses 23 – 32)

Sitting at dinner with your family and friends makes it easy to look around the table and remember all the scary moments each person faced this year. Think back on times when God delivered you from danger, healed you from disease, or protected you in a situation that could have been disastrous. Praise Him for his hand of protection and ask him for continued safety and health in the new year.

Step 6: Give thanks for how God provided for all your needs (Verses 33 – 43)

Above all, Thanksgiving is the perfect time to remember who gives us good gifts all year long. End your time in Psalm 107 by thanking God for providing for your needs—even the ones you didn't know about! As you rehearse His goodness, thank God for the chance to pause and focus on thankfulness. Ask Him to help you continue praising Him for his goodness all year!

Source: American Bible Society.



Stress-causing Foods

Did you know that stress-causing foods can alter your mood? While symptoms and triggers are distinctive to every person, studies have found several common stress-causing foods that can induce anxiety.

These stress-causing foods should be avoided: Sodas, Coffee, Artificial Sweeteners, Alcohol, Processed Carbs, Fried and Fast Foods, and Packaged Snacks.

People soothe stress with nutrition, and the ones that most effectively trigger our brains' reward centres are fatty, salty, and sweet foods. Eating high-calorie and high-fat foods when you're stressed out has even been shown to slow down metabolism. Choose wisely your food portions and content today and always. Would you make healthy choices today and always?

Pauline Ameir, ASC, BSHS, MHA, Health and Wellness Consultant, LLC.



Career Personality Profile Test

<https://www.truity.com/test/career-personality-profiler-test>

Learning Styles Quiz

<https://learningstylequiz.com/quiz/start.php>

Coaching Education: Language Skills

Here are some tips to improve your language Skills:

- Regular and consistent practice is important in the elements of the English language. Students dedicate a set amount of time each day to studying and practising language concepts and activities by practising thinking, writing, and using different parts of speech.
- Creating an immersive environment is key to success in language learning. Practice makes perfect, providing it's perfect practice. Immersion helps develop a deeper understanding of the language, improve pronunciation, and gain cultural insights.
- Test yourself by asking questions and answering them. When in doubt, always seek help from your language arts teacher. Active participation helps build confidence, improve fluency, and deepen understanding of the target language.



Planning to get married: Activity # 1 List as many reasons why marrying each other is a great idea. Share this with your intended.

If you are planning for marriage and would love professional marriage counselling using the Prepare and Enrich model from a certified coach and counsellor, call 12424220158 or email us at theblossomingplace@gmail.com for a free consultation. Having problems in your marriage, we can help to turn it around with willing couples. Sessions are reasonable and exciting. Get the fall special now available until December 1st.

Financial Fitness

Dollars and Sense Quiz

Today we start the Dollars and Sense Quiz. There are 10 questions in this quiz which will cover two Newsletters with 10 points for each correct answer. TBC

1. Do you have a budget? Yes No. Ten points. _____
2. Based on your take-home paycheck, how much of it goes towards rent/Mortgage? _____
 - A. Under 30%. ____ 10 points
 - B. 35% ____ 5 points
 - C. 40% ____ 0 points.
3. Do you have an individual retirement account?
 - A. ____ Yes 10 pts
 - B. ____ No 0 pts

Proverbs 27:23-24 - "Be sure you know the condition of your flocks. Give careful attention to your herds, for riches do not endure forever, and a crown is not secure for all generations."

NB. Earning 10 % interest on your funds today is as easy as 1,2,3. For details, please email us today at theblossomingplace@gmail.com

Quote — of the Day —

"When We Want To Be The Hands And Feet Of Jesus, We Must Remember What Happened To The Hands And Feet Of Jesus." — Kevin Wax

Joke of the Day

Why was the math book sad? Because it had too many problems.



2 Thessalonians 3:3

Have you ever felt vulnerable and exposed in life? "Lord, you promise never to let me down; you will strengthen me and guard me from the evil one." Thank you, Jesus. See the bubble words: Promise, guard, strengthen, never let down.

Today I challenge you to create your prayer using these bubble words and remembering 2 Thessalonians 3:3. Practice it all week.



Bible Trivia of the Day

Who was the first high priest in Israel? Send your answer to theblossomingplace@gmail.com

Upcoming Events

November 24, 2023

Discipleship Coaching with Dr. Paul on Call. Topic: "Avoiding Evangelism GAPS". The time change is 6:00 p.m. every Friday.

December 1-10, 2023 (6:00 AM)

Online Prayer Conference 10 Prayers of Faith: Nehemiah's Winning Strategies. Purchase your book from Amazon today.

December 24, 2023

Christmas Special with Dr Paul and Friends. Stay tuned for airing time and announcement details.

October 22-November 3, 2024

Anniversary Cruise to the Mediterranean. All are invited for Details PM if you would like to join us.

Week Days (M-F)

FB Live with Dr. Paul on Call at 6:00 a.m.

Daily Life Coaching

Sessions are available; book your appointment today by visiting our website listed below.



GET BOOK

Renew The Nehemiah Prayer Journey

10 DAYS OF PRAYER **DECEMBER 1ST - 10TH**

Rebuilding and Restoring the Kingdom of God here on earth

6:00 AM DAILY VIRTUALLY **SHILOH**
Seven Tribes / Agribusiness Church
www.seventribes.org

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LIVE **LIVE** **f**

Hosted by Pastor Dr. Paul Scavella & Pastor Andre Anderson

DON'T MISS IT...

Renew Prayer Series
December 1st-10th, 2023
Time: 6:00am – 7:00am (EST)

Join Zoom Meeting Online:
[https://zoom.us/j/91249376968?](https://zoom.us/j/91249376968?pwd=QzNIR0gwSVU0ZFFYSXFBUmVURkpoZz09)
pwd=QzNIR0gwSVU0ZFFYSXFBUmVURk
poZz09

Dial by your location:
(Toronto)
647 374 4685 or 647 558 0588
US 646-568-7788

Meeting ID: 912 4937 6968
Password: 044826

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